

# ARE YOU UP FOR THE CHALLENGE?

## THE BIG REACHOUT RACE

This December take part in The Big ReachOut Race; a whopping 243 miles spanning the distance between the cities in which our projects run.

Whether you're an absolute beginner or a fitness freak this is a great opportunity for you to set yourself a fun challenge and beat the lockdown blues.

Run, walk or cycle, set your own target distance and take part absolutely anywhere between the 1st-8th of December 2020.

For more information get in touch with [ruby.richards@reachoutuk.org](mailto:ruby.richards@reachoutuk.org) today!

Together  
we will raise  
£10,000

JOIN THE BIG  
REACHOUT  
RAISE