

# A-Z inspiration ideas for you!

## **A** Abseil

Find your local abseiling company and scale a height to raise money.

### **Auction**

Auction off desirable items or your time to complete tasks for other people.

## **B** Bingo

Number 4, knock at the door. Get practising your bingo calls via zoom.

### **Birthday fundraising**

Set up an online fundraising page and ask for donation instead of presents this year.

## **C** Concert

Know some musically talented people or always fancied the limelight yourself? Hold a music concert online and ask for a streaming donation.

### **Christmas Presents**

Ask family and friends for a donation towards ReachOut instead of gifting you a Christmas present this year.

## **D** Donate

Working from home? Why not donate the amount you would spend on your weekly coffee or commute to ReachOut and support our projects.

## **E** Energise

Host a virtual exercise class for your office over a lunch hour.

## **F** Fancy dress day

Set a theme and encourage your school or work colleagues to throw on a costume.

### **Film night**

Set up a virtual film night for friends and family, snuggle up, close the curtains, and press play.

## **G** Give something up

Want to break a habit? Get sponsored for giving something up or donate the money you're saving.

### **Games night**

Jump on the PS4 or Xbox and host a night of gaming for your friends.

## **H** Hike

Grab your walking boots and organise a hike to raise money.

## **I** International evening

Ask a group of friends from different countries to host a virtual dinner party showcasing their delicacies, culture and history.

## **J** Jokes

Host your own comedy night and get sponsored!

## **K** Karaoke night

Everyone has a secret party piece they're itching to share! So why not grab a microphone and organise a donate-to-enter karaoke contest?

## **L** Learn something new

Get sponsored to try something new. It could be taking up a new physical challenge or something creative, like learning an instrument or starting dancing lessons.

## **M** Music night

Are you big into music? Host a listening party for your friends and family who are true music fans.

## **N** Name the...

The options for this fundraising idea are endless. Ask your friends or colleagues to donate to guess the name of the teddy, or get everyone's baby photos together and get guessing who it is!





# A-Z inspiration ideas for you!



**P Peddle Power**  
Take part in a cycling event or organise your own.

**Q Quiz night**  
Host your own quiz!

**R Read-a-thon**  
Challenge yourself or a class to a certain number of reading sessions and get sponsored!

#### **Run, walk or cycle**

Whether you're an absolute beginner or marathon-pro, set yourself a challenge and watch the donations pour in.

**S Skydive**  
Want to conquer a fear of heights, or experience a huge rush of adrenaline? Find your local skydive centre, sign up, and get sponsored to make the jump.

#### **Talent contest**

This is a great opportunity to showcase people's talents while raising money. Ask people to donate to take part in the contest and see if you can get a prize donated for the competition winners.

**T Ted Talk**  
Set up your own Ted Talk online and charge your friends, family and colleagues a small streaming fee.

#### **Uniform-free day**

**U** Ask the school to hold a non-uniform day to raise money for ReachOut. Ask pupils to bring in £1 to take part.

#### **University challenge**

Challenge your rival university through an event like TV's 'University Challenge' quiz. Raise money through entry and see who comes out on top!

#### **Volunteer**

**V** Volunteer your services, bag-pack at a local supermarket.

#### **Wear it Orange**

**W** Host a dress down day and add a twist by fining anyone not sporting an orange item.

#### **X-factor competition**

**X** Ask three of your friends to act as judges for the very best talent competition on the planet. You can take part, or even play host! Encourage people to take part by having a worthwhile prize for the winner.

#### **Yoga**

**Y** Hold a not-for-profit class to raise money. Alternatively, you can challenge yourself or your yoga class to be sponsored to perform a certain number of Sun Salutations.

#### **Zumba**

**Z** Hold a sponsored Zumba event and raise money through your endless rhythm.



**If you have any other ideas, please feel free to get in touch and let us know!**

**Thank you for choosing to support ReachOut.**