

Corporate Mentoring Cheat Sheet

1 Socio-emotional Skills Development (SESD)

These are the skills our young people work on every week during their ReachOut Project for 12 weeks. Learn more about it [here](#).



Initiative



Emotion management



Teamwork



Responsibility



Problem-solving



Empathy

2 Expectations

Be Present, Be Committed:
Attend the whole session and stay fully engaged.

Praise & Patience:
Celebrate small wins and remember – building trust takes time.



Coach, Don't Do:
Support young people with prompts – guide them, don't take over.

Be Curious, Not Critical:
Stay open-minded and non-judgmental. Every mentee has a story you may not see.

Start the Conversation:
Take the lead: chat, ask questions, and never sit on the sidelines.

3 Code of conduct



Do not use your phone inside the classroom/ in the workshop space. Instead, take yourself outside if you need to use it.



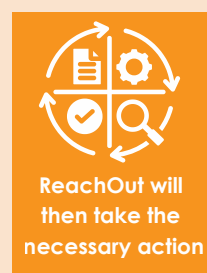
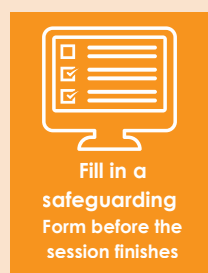
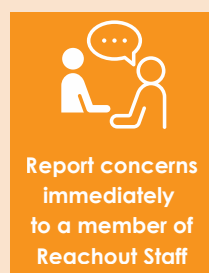
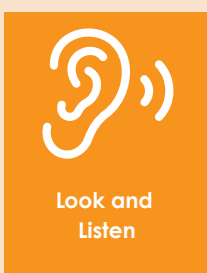
Do not touch or hug young people, even if they ask. Instead, offer a high five or a fist bump. This is to protect you as well as them.



You should never be left alone with a young person. If this happens, let a member of staff know immediately.

4 Safeguarding Process

Here is a summary of our Safeguarding reporting process :



Please report all safeguarding concerns to a ReachOut Member of Staff immediately. Do not wait for the session debrief to report your concerns!